

Dr. Terry Lee Carano

Plano, Texas

ASK DR. CARANO

WHY DO YOU EMPLOY A MULTIDISCIPLINARY APPROACH TO DENTAL CARE?

I work closely with a periodontist, an orthodontist and a ceramist to ensure that each patient's individual needs are met. We all have different areas of interest, and it provides a complete treatment program for the patient.

WHAT WAS YOUR INITIAL GOAL WHEN ORIGINALLY ESTABLISHING YOUR OFFICE?

My goal was to build an aesthetically oriented restoration practice that would meet the complete, long-term needs of patients.

WHAT MAKES YOUR PRACTICE UNIQUE?

I've equipped my office with innovative dental technologies, integrating laser dentistry to painlessly remove tooth decay. In turn, I'm able to eliminate the need for drilling or needles. Most notably, my practice is completely metal-free.

Total mouth makeover

"A great smile can change a person's complete perception of themselves," says Dr. Carano, whose patients come to him seeking more aesthetically appealing smiles. One of his most requested procedures is porcelain veneers—thin, ceramic shells that bond to the front of teeth to conceal imperfections. "By adding a lot of characterization and color to veneers, I am able to make them look very natural," he says. "When you look at a beautiful smile, the teeth aren't all one shade; they're layered, with inflections of different hues. Opaque, white teeth look obvious. I aim to craft smiles that look believable." Dr. Carano is therefore very attuned to the anatomy of a youthful mouth, and strives to emulate those details when performing procedures. "Healthy, pink gums are a must, which is why I spend a lot of time focusing not only on cosmetic concerns, but also on systemic well-being."



A WHITER, BRIGHTER SMILE

At 46 years old, Dr. Carano's patient thought she was too young to have staining. "She had six veneers to mask Tetracycline staining, but needed more," says Dr. Carano, who replaced her veneers and added four more restorations—all-porcelain veneers and all-porcelain Zirconia-based crowns—to give the shading of natural teeth.

A METAL-FREE MOUTH

This 66-year-old male presented with old porcelain-fused-to-metal crowns across his anterior teeth, which Dr. Carano removed. "We replaced them with all-porcelain aluminum-based crowns that are not only much thinner, but also more translucent, with more natural coloration and shading," says Dr. Carano, who also performed laser contouring.

"a beautiful smile is priceless"

FOR DR. TERRY LEE CARANO, THE MOST IMPORTANT PART OF SMILE DESIGN IS MAKING SURE IT IS DONE RIGHT THE FIRST TIME. HIS PHILOSOPHY, COMBINED WITH METICULOUS ATTENTION TO DETAIL, HAS ATTRACTED MANY PATIENTS, ESPECIALLY THOSE WHO SEEK REVISION AND DESIRE TO TAKE THEIR CARE TO THE NEXT LEVEL. OVER THE PAST 22 YEARS, DR. CARANO HAS BEEN DEDICATED TO ACHIEVING QUALITY ORAL HEALTH CARE FOR HIS PATIENTS, WHICH INCLUDES EVERYTHING FROM PREVENTIVE EXAMS TO PORCELAIN VENEERS.

MEET THE EXPERT

Dr. Terry Lee Carano

Cosmetic Dentist

SERVICES OFFERED

Smile Makeovers
Veneers
Cosmetic Dentistry
Full-Mouth Reconstruction
Non-Metal Dentistry

ABOUT DR. CARANO

WHY DID YOU BECOME A COSMETIC DENTIST?

I always thought the teeth were vital to making a good first impression on people. A great smile shows confidence and helps improve self-esteem.

WHAT FASCINATES YOU MOST ABOUT THE HUMAN BODY?

The smile.

WHAT'S THE BEST ADVICE YOU'VE RECEIVED?

Do it right the first time.

WHAT HEALTH AND BEAUTY TIP COULD WE ALL BENEFIT FROM?

Whiten your teeth. A bright, beaming smile can enliven your entire face.

WHAT ARE THE BENEFITS OF METAL-FREE DENTISTRY?

Metal is becoming more and more outdated, as there are more advanced cosmetic options for patients nowadays. We use tooth-colored materials that blend in beautifully with the surrounding teeth.

DOCTOR OF DENTAL SURGERY
Baylor University

LOCATION
Plano, Texas

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 To learn more about the practice visit
caranodds.com